



The Path of the Gods & Stairs to Positano

The beautiful Amalfi Coast, Italy



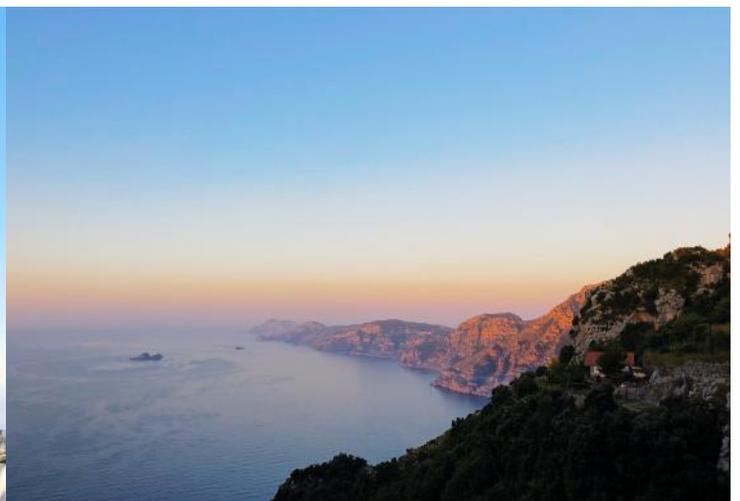
Feeling adventurous to explore the Amalfi Coast in ways other than fine dining, pristine beaches and adorable street stalls? Sentiero Degli Dei, or better known as The Path of the Gods, is just the hike for you!

Situated high up in the mountains above the Positano region, between towns Agerola and Nocelle, you'll be sure to see some of the most spectacular views of the Italian coasts' impressive mountainous landscape and clear, blue water. It is wonderful for those who crave a dose of the 'off the beaten track feeling', which is hard to find in the tourist haven that is the Amalfi coast.

The hike.

Starting off in the town of Agerola, you can expect an easy to moderate hike that is mostly a gentle decline, with few sections of uphill hiking (these are the more difficult sections) across about 8 km of mountainous territory. The hike is expected to take around 3 hours, depending on your fitness level. It is recommended that you start the hike in the morning or after midday so you are not hiking in the hottest part of the day. Be sure to carry enough water, food and appropriate sun-safe attire to avoid dehydration and exhaustion.

The path has varying terrain, a mixture of pavements, steps, gravel and rocks. Hiking shoes are preferred for this route, however athletic sneakers will suffice also (no sandals or unclosed shoes recommended). As the name suggests, you do feel, quite literally, like you are up with the 'gods' as you traverse the small, intricate paths that make their way through the mountainside. Passing through small stone houses, olive and citrus farms, deep valleys and rocky outcrops which provide an epic view of the surrounding coast.



Nocelle.

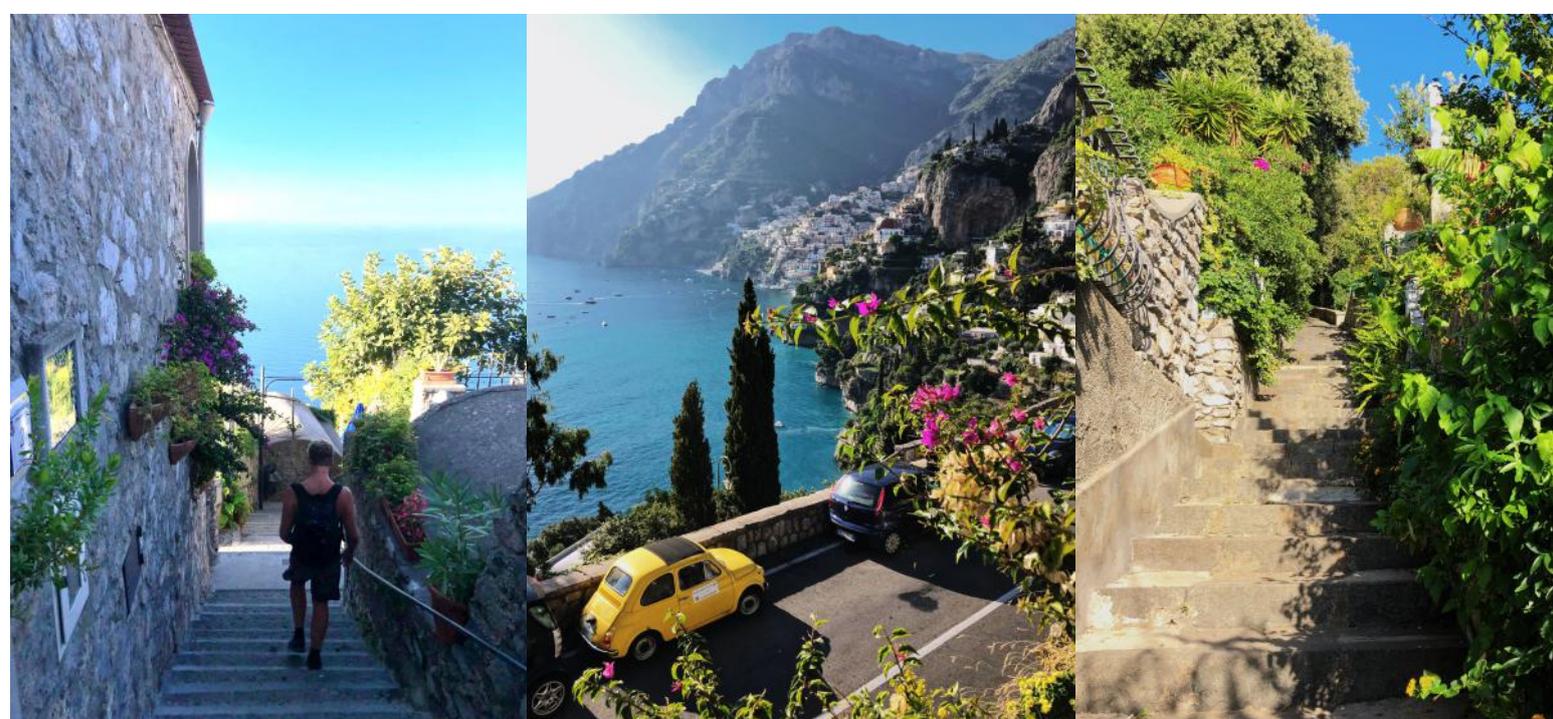
As you decent into the small town of a Nocelle, you are nearing the end of the Path of Gods. Nocelle is a beautiful, little town nestled into the mountains offering more spectacular views, cheaper accommodation options (than the hotspot of Positano) and a few cute little refreshments stops.

The adorable, little juice bar, 'Lemon Point' is located close to the town centre, right near the public toilets and water fountain. It is a must after your 3-hour hike! Grab an affordable, infamous Amalfi lemon juice and take a break.

<https://www.google.com/maps/place/Lemon+Point/@40.628479,14.503157,15z/data=!4m5!3m4!1s0x0:0x617ab8e7e08794d1!8m2!3d40.628479!4d14.503157>.

Alternately, the 'Chiosco Del Sentiero Degli Dei' offers coffee and juice, alcoholic beverages and a simple Italian bite to eat, with an amazing balcony basking (once again) the glorious views.

There is also a grocery store, which sells basic grocery needs, fresh bread and vegetables, and cheap bottles of beer.



Continuing on to Positano.

Most accommodation providers offer shuttle bus options to Agerola, (more specially Bomerano, the start of the hike), which is recommended as the terrain is more difficult travelling back up from Nocelle.

SITA buses is also a great option for transport, this is the link to the 2019 timetable.

https://www.positano.com/en/bus-schedule?timetable_route=amalfi_agerola.

However, if you are fit and capable to do a return trip; there is free parking suitable for all cars, including campervans in Agerola at the start of the hike.

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